



# MY PLACE HOME CARE

COMPASSION ▸ INTEGRITY ▸ RESPONSIBILITY



CREATING  
LONG-LASTING,  
CARING RELATIONSHIPS  
WITH FAMILIES

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[www.MyPlaceHomeCare.ca](http://www.MyPlaceHomeCare.ca)

# OUR SERVICES

**MY PLACE HOME CARE** exists to improve our clients' quality of living. We challenge the status quo on how home care is delivered by operating with an open mind, compassion, integrity and responsibility. The attention we pay to the needs of our clients helps them achieve independence, improved health and vitality — while living at home.

**How MY PLACE HOME CARE can help:**

## Care Management

A free in-home assessment lets us get to know our clients and their family and helps us develop a care plan. We work hard to understand the circumstances facing our clients and their loved ones.

## Personal Care Services

We can help with bathing, showering, grooming, dressing, oral hygiene, transferring and positioning, toileting and incontinence care, medication reminders, and assistance with eating. We provide 24-hour services if needed.

## Companionship and Care Services

Together with conversation and companionship, we help with meal preparation, laundry and light housekeeping, grocery shopping, errands, transportation, and social planning.

## Quality of Living Care

To maximize our clients' quality of life and independence we offer companionship and personal care services, as well as physical and mental activities such as walks, range of motion training, puzzles, storytelling and card games. Our quality care demonstrates dignity and respect for those in need.

## Alzheimer's and Dementia Care

Our qualified employees specialize in Alzheimer's and dementia care.

## Palliative and End-of-Life Care

This can include personal care, meal preparation, light housekeeping, overnight care and companionship to provide respite for caregivers.

## Transportation Services

Our caregivers will accompany you to appointments, and if needed sit in on the appointment and take notes on your behalf.

## Convalescing Services

After a hospital stay or rehabilitation, we support clients to ease back into their daily activities.

## Foot Care

Provided by a PSW certified in basic foot care for non-high risk patients.

## Respite Care

Providing relief for the primary caregiver so that they can run errands or take a well-deserved break.

## Home Medical Equipment and Supplies

We take pride in finding you the medical equipment you need to be comfortable. We source walkers, wheelchairs, commodes, grab bars, toilet safety products, incontinence products, shower and bath safety products, mechanical lifts, beds, mattresses, and home delivery of medications.

## Educational Services

We make sure you have full information about options for home care, convalescing at home, palliative care, and available tax breaks to help pay for it.

## Seminars

We deliver free seminars on topics such as health literacy, home safety, health and fitness, tax breaks for seniors, tax breaks for home care, available health care options, happy feet, diabetes, living with Alzheimer's, and heart disease.

# OUR VALUE

## Why Choose MY PLACE HOME CARE?

We create long-lasting caring relationships with families.

We begin the process with client and family interviews, where we get to know the client and their particular situation. Armed with this information, we match the client with one or two of our amazing staff members. We pride ourselves on continuity of care and building strong relationships. The end result is great care tailored to the needs of the client and a respectful professional environment.

In some cases, family members may live in another city or not be available to visit their loved one as frequently as they would like. My Place Home Care helps these families stay close by supporting them to adopt modern communication technology so they can be there virtually as often as they would like.

All My Place Home Care personal support workers are formally trained and certified to practise in Ontario. My Place Home Care helps personal support workers extend their skills through periodic specialized training. We strive for continuous quality improvement to be able to offer the highest quality service to our clients and ensure we improve each time we visit.

## Our Core Values

- ◆ Compassion
- ◆ Integrity
- ◆ Responsibility
- ◆ Quality
- ◆ Accountability
- ◆ Innovation



Services are delivered at your place and are available 24 hours a day, 365 days a year to anyone aged 18 or over.

Pleasure in the job puts perfection in the work.  
– Aristotle

**At My Place Home Care;  
it is our pleasure  
to care for you and  
your loved one.**

**Call today,  
and let's talk about  
your health care needs.**



## Our Vision

Tailored care aimed at improving quality of independent living

## Our Mission

**MY PLACE HOME CARE** operates with an open mind, compassion, integrity and a responsibility to challenge the status quo on how people receive care at home, allowing them to enjoy independence, greater health and vitality. High quality non-medical services tailored to client needs and delivered in a way that educates and informs clients and families leading to the best health care decisions for the client.

Services provided are family centered and affordable and are delivered so individual needs are carefully assessed, understood and met through the selective assignment of qualified, trustworthy and compassionate personnel.

